

Foghorn



FROM THE COMMODORE

Although it is snowing as I type this, ***Spring has arrived, and we are ready to get the 2022 season off to a grand start beginning with our annual Clean-up Day on April 15th, Good Friday. The Club will be closed while we tackle the list, opening again at 3:00 pm to show off our shiny, clean space.*** All are welcome to help us prepare for the upcoming summer season. Please reach out to myself or our club manager for more details.

It is my great pleasure to serve as your Commodore for the upcoming season. Mike Mears has been appointed as Vice and Bob Cote as Rear while the nominating committee, once again, interviews prospective candidates for these roles. I look forward to Opening Day with a full complement of Bridge and Board members at the ready.

Donna DeMattia
Vice Commodore



FLAG OFFICERS

Commodore
Donna DeMattia

Vice Commodore
TBD

Rear Commodore
TBD

Treasurer
Jonathan Levinson

Recording Secretary
Antonio Ortiz

Financial Secretary
Claudine Mears

Board of Governors
Richard Parker
David J. Nemeth
Phil Blagys
Jim Hasak
Tim Casey
Mark Michael
Gary Conrad
Keith Jamaitis
Mary Brooks

Appointed Officers
Fleet Captain
Bob Butler

Fleet Chaplain
Brian Kelly
Larry Fullerton

Fleet Surgeon
Dr. Cosmo Filiberto

Club Manager
Dan Conroy

Auxiliary President
Debra Rosati

Foghorn Publisher
Andrea Helenthal Smith
helenthal.andrea@gmail.com

FROM THE VICE COMMODORE

I am very honored to have been chosen to be the interim Vice Commodore by the Commodore Donna DeMattia and the BOG. We are looking forward to a great year, as the club is now open and we are past the COVID-19 restrictions.

We have a lot planned for this year. The Ship Store will be going on-line. Members will be able to purchase Fayerweather gear on-line in the near future. Look for more information in Club emails as well as in the Foghorn. In addition, we will have Fayerweather gear, shirts, sweatshirts, fleeces, vests and hats available for purchase at the club.

The Garden Café has prepared an expanded menu. I encourage all members to come down to the Club. As a reminder the kitchen is open as follows:

LUNCH

Tuesday – Friday: 11:00 am – 2:00 pm and **Saturday:**
11:00 am – 3:00 pm

BRUNCH

Sunday: 11:00am – 3:00 pm

DINNER

Thursday – Friday: 5:00pm – 9:00pm

The bar has been having a difficult time maintaining inventory in Top Shelf liquor. Just in Macallan 12yrm scotch. Over the next few weeks, as inventory levels become more normal, there will be more Top Shelf liquor arriving.

Mike Mears
Vice Commodore



WELCOME TO OUR NEWEST MEMBERS

We would like to welcome the following new members who have recently joined the Club! We hope to see all of you this upcoming season!

MARY ASPHAR

ALEXIS MYONES

ROBERT EHALT

IRA NACHEM

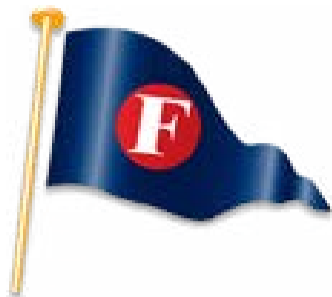
GABRIELLA DESTEFANO

HOLLY STEVENS

LESLIE GEARY

DAVID TETLEY

JOHN MURPHY



AUXILIARY CORNER

IT'S SPRING! As the weather gets warmer, I'm looking forward to spending more time outside and socializing with friends.

And with spring, come the flowers. So I'll start with mentioning that the Auxiliary is going to look into doing some gardening in the yard, particularly in the "garden" along the Penfield room wall. **Trish Tommins** (ttommins@aol.com, 203 209-7513) and **Debbie Selski** will be working on the gardening project and would like to invite others to help them with it. Please let Trish know if you are interested.

This month we are collecting bunnies to raffle off at the Bunny Breakfast on April 16. Please donate a stuffed bunny//lamb/chick, whatever, to help us raise money to support the club. You can drop the bunnies off at the bar. We are also looking for volunteers to help set up/sell the raffles and hand out the bunnies and break down. Please let me know if you will be able to help in some way.

NEXT MEMBERSHIP MEETING APRIL 13

FOLLOWED BY A PRESENTATION: "FOOD AS PHARMACY"

After the meeting, we will be having a presentation by Stacy Celestino Fama, called "Food as Pharmacy...Plant a healing garden". The presentation will talk about how eating a diet rich in fruits and vegetables can help reduce the risk of developing many leading causes of illness such as cardiovascular diseases, type 2 diabetes, some cancers and obesity. This presentation will discuss what can be grown in our gardens to reduce the risk of developing these conditions. We will review vegetables and fruits with deep pigments and antioxidants as well as herbs and vegetables that have fiber and phytochemicals known for healthy-promoting properties. Food samples will be provided.

Stacey started her career as a Registered Dental Hygienist. She worked in private practice for years, often sharing her knowledge of nutrition and preventative health services with schools in under-served communities. Stacy completed her Masters Degree in Nutrition Education at the American University in Washington, DC.

We are looking to play Bunco after the May meeting.

If anyone has any Bunco sets to volunteer for the evening, that would be great! If you've never heard of it, Bunco is a dice game. No knowledge needed. It's a fun game where you get to play, but also have fun with friends and meet new ones!

MAY IS OPENING DAY

We are looking for people to volunteer gift baskets to raffle off. This is our largest fundraiser of the year! It's a good time to put those gifts you never use to good use! Or you can make up a wine basket, gift card basket, lottery ticket basket, gardening basket, etc. There are so many options!! If you are interested but not sure what to make, let us know and we can provide more ideas. We will also need help with baking and the bake sale, selling raffle tickets, etc. Helping out is a great way to meet people!

PARK CITY REGATTA: JULY 16

FYC is hosting an 'after party'. The committee has asked if the Auxiliary can help out in some capacity. They are looking for people to volunteer their time for the event, help with the Silent Auction, donate raffle baskets, reach out to the community/businesses to get gift cards, etc (hopefully \$50 and up). If you are able to help, please contact Lori at lorettaburnsey@hotmail.com.

AUXILIARY CONTINUED

JOIN OUR FACEBOOK PAGE

Please go on and become a member and like our page! We will post important information on the page and you can add comments for others to see. It is a private group for Auxiliary Members Only. Let your friends know what you're doing and see if they want to join you, or see if others share any of your interests to start something!

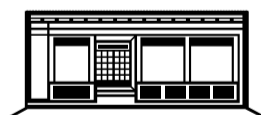
[CLICK TO JOIN](#)

We are still looking for another Board of Governor. You can shape the future of the Auxiliary!

The next membership meeting is Apr. 13 at 7pm. Don't forget about the presentation!

Looking forward to seeing you there!

Debbi Rosati
Auxiliary President



FAIRFIELD CENTER JEWELERS
FAIRFIELD, CONNECTICUT



CALENDAR AND EVENTS

General Members Meeting

April 5 • 7:00pm

Auxiliary Executive Board Meeting

April 6 • 7:00pm

Auxiliary Membership Meeting

April 13 • 7:00pm

Children's Easter Party

April 16 • 12:00pm

Board of Governors Meeting

April 25 • 7:00pm

Opening Day

May 28 • 12:00pm

FROM THE SAILING COMMITTEE

It is that time of year, get the bottom paint on, the sails unwrapped, check your standing rigging and get ready for the season. FYC is planning a few club regattas this year. Please come out to sail, as crew or with your boat. We always welcome new sailors to all of our club events. The first big regatta will be the Block Island long distance race. The race starts in Stamford, runs overnight to Block Island and ends back at the Stamford Yacht club. FYC sailors have been doing very well in YRALIS events.

2022 SAILING CALENDAR

Wednesday Night Sailing: May 11 – September 7

Skipper's meeting will be announced. The regatta series is managed on Yachtscore. The site will be up March to apply. All are welcome Beginners to experienced sailors.

There will be a "Looking to Crew" and a "Looking for Crew" sign-up sheets on the FYC web site. [Register here!](#)

Sail Park City: July 16

Historically, this has been a great event, we will be forming a committee to help with the regatta. Most of the help needed is for the advertising, marketing, and administration of the regatta party after the race.

Ken Johnson Memorial Team Race Event: October 1

This is a new event. FYC will be inviting other clubs to compete in the only Club Team racing event in YRALIS. We will be holding a navigator class again. Navigator class is for boats that aren't active racers but want to compete in a low intensity fun regatta. The Regatta party will be sponsored by the Fishing Committee.

Halloween Race: October 29

Wild Turkey Regatta: November 25

Block Island Around the Island Race: May 27

Vineyard Race: September 2 – 4

Brent C. Donahue Cross Sound Regatta (YRALIS Qualifier) : September 17

FYC JUNIOR SAILING

FYC will be partnering with Sail Away out of Captains Cove to host a Fayerweather Kids Learn to sail program. August 8th through the 19th will be Fayerweather Week(s). Sail Away will sponsor a Fayerweather Kids Only two-week Junior Sailing. The program will be managed by Sail Away at Captains Cove. FYC grounds will be used for some of the activities as well as Drop off and Pick up points for the program. Please look here and for an email for more information to come.

LADIES SAILING

FYC will be hosting a Ladies Sailing night over the summer of 2022. We are looking for FYC boat owners to sponsor their boats to take the lovely ladies of FYC/Auxiliary out for a night of sailing. There is a lighthearted race, all amateurs, to get the sailing mood going. The Ladies nights are a "no pressure" casual sail. Look for a sign-up email as either a participant or boat owner in the new year. Ladies sailing nights will be Fridays in June and July. ***Any questions or comments on the sailing program please feel free to reach out to Mike Mears Sailing@FYCCT.org.***

SAILING COMMITTEE

I will be looking for a few members to join the Sailing Committee next year. The commitment is light, and the activities are fun. Please email Sailing@FYCCT.org if interesting in being on the committee next year.

Fair Winds

Mike Mears

Sailing Chair

KITCHEN HOURS

Monday – CLOSED

Tuesday - Friday: Lunch
11:00am – 2:00pm

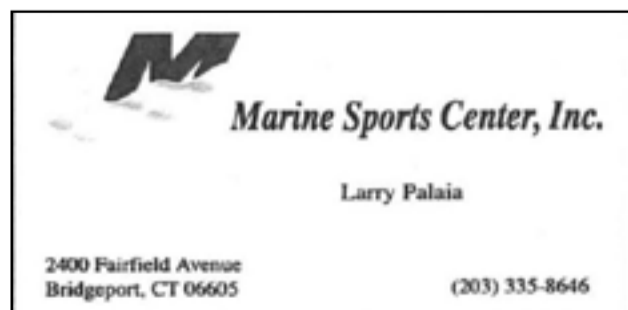
Thursdays - Fridays: Dinner
5:00pm – 9:00pm

Saturday Lunch
11:00am – 3:00pm

Sunday Brunch
11:00am – 3:00pm

Visit our website Galley Page for all current menus and also to place takeout orders.

Join us for Taco Tuesdays!



WINE LIST

RED

	Glass	Bottle
House Cabernet Sauvignon	\$2.75	–
Mondavi Merlot	\$3	–
Vendage Cabernet Sauvignon	\$3	–
Dark Horse Rosé	\$3.50	\$13
House Zinfandel	\$4.50	–
Block Nine Pinot Noir	\$8	\$30
Ghostrunner Red Blend	\$8	\$30
Shadowbrook Zinfandel	\$8	\$30
Broadside Cellars Cabernet Sauvignon	\$10	\$35

WHITE

	Glass	Bottle
House Pinot Grigio	\$2.75	–
Placido Pinot Grigio	\$3	–
3 Pears Chardonnay	\$4	–
Vendage Chardonnay	\$4.50	–
Gooseneck Chardonnay	\$5	\$18
Giesen Sauvignon Blanc	\$7	\$25
Haymaker Sauvignon	\$7	\$25
KJ Riesling	\$7	\$25
Kris Pinot Grigio	\$8	\$30

SPARKLING

	Glass	Bottle
Verdi Spumante	\$7	–
Enrico Brut	\$8	–

PORT

Dow 20 Yr Tawney	\$25	–
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BEER LIST

DRAFT

\$2.00 - \$6.50

- Guinness
- Switchback Ale
- Counter Weight Headway IPA
- Gun Hill IPA
- Two Roads Honeyspot IPA
- Miller Highlife
- Leinenkugel Summer Shandy

BOTTLE

\$2.75 - \$8.00

- | | |
|----------------|-----------------|
| Budweiser | Founders AD |
| Bud Light | Perpetual |
| Coors Light | Headway |
| Dos Equis | Grolsch |
| Michelob Ultra | Heineken |
| O'Douls | Sam Adams |
| Twisted Tea | Sea Hag |
| Amstel | Sip O' Sunshine |
| Bass | White Claw |
| Corona | Transfusion |
| Corona Light | |

