

– Fayerweather Yacht Club –  
**FOGHORN**

**Fayerweather Yacht Club**  
51 Brewster Street  
Bridgeport, CT 06605  
203-576-6796  
fycct.org



**March • 2020 • Volume CI • No. 3**

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**FROM THE HELM**

It is my hope that during the year I get to meet all the members that use our Club. When you are at Fayerweather, please ask the bartenders if I am there and come introduce yourself. I am interested in getting to know you and learning first-hand what you really like about your Club and what you find is lacking. We are all members who want a great Club and my goal is to make your experience at Fayerweather meet or exceed your hopes. I really want to create a sense of community and family at Fayerweather.

Spring means it is time to ask the members to consider sponsoring a friend into the Club. Would you please consider doing this so your friends could be members before the summer and enjoy the beautiful view, and fresh air at the club as they choose? We have an outstanding social calendar put together which all members can avail themselves of. We expect to have an open house in late March for possible members – watch for the email.

This past month all Committee Chairs were appointed, and they have begun working on their programs. The kitchen contract was negotiated and signed with Lighthouse Grill and you may have noticed that the Vazzy's roast beef and Porchetta sandwiches are back. Kudos to the Vice Commodore and Kitchen Committee for this.

I am hopeful that members can work and play together this year to get to know each other. I have found that when members get involved, even at a minimum level, they start to make friends by working on things together. So I would ask you all to see if you could donate a couple of hours of your time during the year to get involved in something. There are many opportunities at the club that do not require a long-term commitment but would benefit it greatly. It could be coming to **the spring cleanup on Saturday April 4th and/or Good Friday**, or helping out on Opening Day, or helping set up or take down for one of all the various parties we have. (See the flyer from the Entertainment Committee). Helping set-up for the harvest Dance in November is great fun where about 40 members now gather to wrap fruit and vegetables for the party.

Construction for the new above ground gas tank installation is set to begin shortly, as soon as we receive our permit from the City of Bridgeport which we expect to be next week. The hole was filled in last week.

We are focusing on making your experience at Fayerweather better by reducing bar lines, improving the wine list, expanding the outside seating area and initiating meet and greet days for members to come to the club for social gatherings in the Penfield Room with the sole purpose being to create an environment where you know the other people in the room are members also looking to meet other members. These gatherings may include wine or beer tastings, but we haven't finished the planning yet.

We hope that together we can make Fayerweather the Club we all want it to be.

Andrew Cross      Commodore@fycct.org

## Calendar of Events

### March 1

Frostbiting continues  
12:30 every Sunday  
during March

### March 3

General Membership  
meeting 7 p.m.

### March 4

Auxiliary Board of  
Governors Meeting  
7 p.m.

### March 6

Fishing Committee's  
FISH FRY 6 p.m.

### March 6

Acoustic Friday  
7 p.m.

### March 11

Auxiliary Membership  
Meeting  
7 p.m.

### March 14

St. Patrick's Day Party

### March 6

Interclub Bluefish  
Tournament Meeting  
8 p.m.

### March 23

Board of Governors  
7 p.m.

## Weekly Events

### Thursday Night:

5:30 – 9 p.m.

Table Service Dinner  
Set Menu

### Friday Night:

5:30 – 9 p.m.

Grill is Open and  
Special "Bar menu"

Lunch Tuesday – Sunday  
Brunch on Sunday too



## FROM THE VICE COMMODORE

Many thanks to guitarist **Mike Collins**, who subbed at the last minute for his brother Ryan to launch our "Acoustic Friday" series last month! Performing next will be recording artist and lead singer for Hitch & the Giddyup **Dan Carlucci**, performing on Friday March 6<sup>th</sup> from 7-9 p.m. That's also the night of the Fishing Committee's Fish Fry dinner, which starts at 6:00 p.m.

Thanks to everyone who stopped by for our special Valentine's Day Happy Hour. The Bar Staff kept the Godiva Chocolate and French Kiss martinis flowing and the appetizers were scrumptious thanks to Vicki and her team at Lighthouse Grill.

I also want to thank those of you who either completed the Lighthouse Grill survey cards and/or the online Food and Beverage survey in late January. I appreciate each of your comments and suggestions regarding the Club's food service – which not unsurprisingly was favorably rated by most of you. Check out the new lunch and dinner menu items that we have begun to introduce over the past several weeks, and those we will continue to introduce all this month.

Based on member input, Lighthouse Grill now offers a unique "bar food menu" every Friday from 5:00 – 9:00 p.m., with a selection of 8 appetizers ranging in price from \$4.95 - \$9.95. See the flyer in this issue of The Foghorn for additional details and join us for Friday happy hours!

I also appreciate all of your online survey comments regarding the bar service and our selection of wines, beers and spirits. For those of you who made suggestions about our glassware, check out the new and larger red wine glasses as well as our new and larger stemless rocks glasses. For those of you who commented on our current wine offerings, I invite you to try our brand-new selection of wines introduced late last month. New white wine offerings include:

Macon-Villages La Cote Blanch 2017 (for you Chardonnay fans)

Giesen Sauvignon Blanc from Marlborough, New Zealand

Kris Pinot Grigio.

For you red wine lovers, we are pleased to offer:

Broadside Cellars Cabernet Sauvignon

Block Nine Pinot Noir

Terres de Saint Louis Rose

Each of these new wines is available for \$5.00 a glass (or \$19 for a 750ml bottle). Of course, you can still enjoy our selection of Vendage and Placido wines for \$3.25 a glass.

**Save the date:** I invite you to join us for a special **Wine Tasting Event** at the Club on Sunday, April 26<sup>th</sup> from 4-6 p.m. Sample a broad selection of quality wines and cast your vote for which additional wines we should offer. Lighthouse Grill will provide light appetizers. Additional details will be announced later this month.

By now you've probably noticed our newest "silent members" hanging out at the bar and on the Upper Deck. They're easy to spot, given their limited mobility. Plus, they are each sporting an item available for purchase from the Ship's Store! Thanks go out to Nick Mirabile for donating our mannequin torsos. This month's featured Ship's Store items include long-sleeve Fishing and Sailing unisex UPF50+ tees, as well as all-weather navy windbreakers in both men's and ladies' sizes. Check out the flier in this newsletter for additional information and ask the bar staff for assistance with your purchase.

Bob Ellwanger, Vice Commodore

[vice@fycct.org](mailto:vice@fycct.org)

PS: For your safety, Fire Department regulations prohibit moving chairs and/or tables together for additional seating within the bar. It is extremely important that bar aisles remain clear at all times. Thanks.



## From the Rear Commodore

Thank you to our members and their guests who joined us for Super Bowl Sunday! We had a great turnout with lots of food, laughs, and fun. It was a great way to kick off our 2020 party season at Fayerweather Yacht Club!

Our next event is the **St. Patrick's Day Bash** on Saturday March 14th! Take advantage of the "early bird special" to buy your tickets. Tickets purchased through February 29th are ONLY \$20. Tickets bought from March 1st through the 14th will be the regular price of \$25. Traditional corned beef and cabbage, Irish soda bread and dessert will be served. The Pyramid Shriner Pipes and Drums will get the festivities started at 6:00 PM, followed by Sheeuan Academy Dancers and then great live music from the ever-popular Lake Avenue Project

Very popular **Race Night** is back this year on **Saturday April 4, 2020 AT 7 p.m.** for Roast Beef Dinner. Tickets are available at the bar for \$12 and the races start at 8pm.

The **Children's Easter Party** will be held on Saturday, April 11th starting at 12:00 p.m. We will feature an Easter egg hunt, face painting, and of course a visit from the Easter Bunny! Each child will receive lunch, dessert and a goody bag. Please sign-up each child for the Easter party at the bar until Sunday, April 5th.

Here is the list of the parties and events we have planned for the year. Please note that dates and party themes are subject to change. You can always find information and updates about our events in the Foghorn, e-mails, FYC website and on Facebook. Have any suggestions or comments? Want to join the FYC Entertainment Committee? Email me at [rear@fycct.org](mailto:rear@fycct.org). I look forward to hearing from you.

Kim Pugh – Rear Commodore [rear@fycct.org](mailto:rear@fycct.org)

March 14	St. Patrick's Day Party
April 4	Race Night
April 11	Children's Easter Party
May 1	Children's Hat Making Party for Kentucky Derby
May 2	Kentucky Derby Party
May 23	Opening Day & Summer Kick Off Party
June 27	Clambake
July 25	Margaritaville Party
August 15	Wear All White Party

September 12	Harborfest
September 20	Rib Fest & Corn Hole
October 4	Oktoberfest
October 24	Texas Hold'em Poker Tournament
November 20	Pre Harvest Wrapping Party
November 21	Harvest Dance
December 13	Children's Christmas Party

## Race Night Seahorse Racing

Join us for a night of **excitement, laughter, and friends!**

April 4<sup>th</sup> 7:00 PM  
 \$12.00 - Roast Beef Dinner  
 Races start at 8:00 PM  
 Tickets available at the Bar



We invite you to join us for  
**Fayerweather Yacht Club's  
 Children's Easter Party**

**Saturday, April 11<sup>th</sup> @ 12 PM**

- Lunch and Dessert
- Face Painting
- Visit from the Easter Bunny
- Goody Bag

**\$20 per child**

**Sign up at bar until April 5<sup>th</sup>**



## Auxiliary Officers

### President

Debra Rosati

### Vice President

Kristie Nemeth

### Treasurer

Carrie Shelton

### Recording Secretary

Deb Conrad

### Financial Secretary

Diane Billings

## Board of Governors

Karen Clark

Judy Duva

April Kleinman

Beth Michael

Lindsay Whitin

### Sunshine

Darci LaBash

## Auxiliary Corner

Hello Auxiliary Members,

The new Auxiliary Executive board has been put in place for 2020. Before the February meeting started, the new Executive Board members were inducted into office. The Commodore officiated at the ceremony, with the Vice and Rear Commodores in attendance. We thank them for being a part of the ceremony and showing their support.

Congratulations to Debbi Rosati (pres.), Kristie Nemeth (vp), Carrie Shelton (treas.), Diane Billings (fin'l. secty.), Deb Conrad (rec secty) and Board of Governors Karen Clark, Judy Duva, April Kleinman, Beth Michaels, and Lindsay Whitin!! We are looking forward to a great year! Thank you to Karen Clark, Carrie Parker, Cindy Filep, Sharon Fabricatore, and Donna Palaia for your service and dedication these past years.

There was a lot discussed at the Feb. meeting, since it was the first official meeting of the year, putting some things into place for the coming year. Thank you to Kathleen Pierce and Debbie Selski for continuing on the Nominating Committee, and Darci LaBash for staying on as Sunshine Chairperson. At the March meeting, we will decide which charity we will be donating to for 2020,

**We are collecting stuffed animals at the March and April Meeting for the raffle at the Children's Easter Party on Saturday, April 11.** This is a major fundraiser for the Auxiliary, so we appreciate your support in donating stuffed bunnies, chicks, lambs, etc. for the raffle. Please bring them in as soon as possible so that we can make sure we have enough.

We have also started the planning for the **Meet 'n Greet, on April 28 at 6:30.** Diane Billings has volunteered to be the chairperson. She is looking for people to help with the set up/break down, appetizers, desserts, and most importantly, **THE BASKETS!** The basket raffle is our biggest fundraiser which helps the Auxiliary raise money to help fund other things. Please contact Diane with the type of basket you will be able to contribute. We have had wine baskets, toiletry, gardening, games, lottery tickets, and more! Please, Please, help us out with your contribution!

For the March meeting we will be having Robert Barnett, MBA, PMP, Certified Hypnotherapist talk about hypnotherapy. If you have ever wondered if hypnotherapy could help with smoking, sleeping, anxiety, or getting information out of your spouse, come and hear what he has to say.

I have met with the Commodore and Rear Commodore to determine how the Auxiliary can best help support the club. At the March 8<sup>th</sup> meeting, we will identify where we think some improvements can be made around the club. Plan to come with your ideas. While the club has final say in any improvements, our thoughts may help make their decisions. In helping the Rear Commodore, we will be stuffing the Easter eggs for the Kids Easter Party at the April meeting. More to come on that, and how we can help with other events during the year.

Sincerely, Debbi Rosati – Auxiliary President. Comments/Questions? [fycaux@gmail.com](mailto:fycaux@gmail.com)

**NEXT MEETING: MARCH 8TH**

**Please come with your thoughts on the 2020 charity and club improvements.**





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**Sailing Corner**

The Sailing Committee's primary purpose is to promote the development of interest in sailing. At FYC we want to create more opportunities for people to sail. Whether you are a beginner, want to hone your skills or just enjoy a Sunday sail with a drink in your hand, stay tuned to this page as we promote FYC sailing events as well as promoting Women's Sailing events throughout the year.

**Frost Biting**

FYC, PYC and BRYC are competing in the annual Ideal 18 Frost biting Regatta. The series started Jan 26 and runs until April 19<sup>th</sup>. There are 15 teams, with 5 teams competing each week. Sunday Feb 16<sup>th</sup> was not too cold for the sailors; the wind was between 7-12 knots from the east. Check out the pictures of the boats later in the Foghorn especially this week's FYC competitors Mike Andre and Chris Houston. If you are at the club Sunday afternoons, please come out and watch the boats, or volunteer to be on the committee boat. All are welcome.

**Sailing Season Updates**

FYC is fortunate to be at the geographic end of the Yacht Racing Association ("YRA") as well as at the beginning of the Eastern Connecticut Sailing Association ("ECSA"). Milford Yacht club, Housatonic Yacht club as well as Branford Yacht club are members of the ECSA. They host some great events and have asked FYC if we would like to sail there. A Performance Handicap Racing Fleet ("PHRF") certificate for ECSA is only \$35. For many of the ECSA events, similar to YRA hosted regattas, you need a PHRF certificate to be eligible to place and be scored. We will be posting some of the ECSA regattas here when the ECSA Calendar is finalized.

**PHRF Certificates**

To be scored in any regatta your boat will need to have a PHRF certificate. The certificate process for most boats is very simple. There is a form on the organization's website that needs to be filled out. Most of the information for your boat can be found on the manufacturer's web site. There are handicaps +/- for roller furling, Genoa size as well as other modifications. The regulatory organization ECSA or YRA will determine your PHRF rating once the form is completed.

The web sites for each organization. **ECSA:** <http://ecsa.net/> (opens for registration in March) **YRA:** <https://www.yralis.org/>

**WOMEN's Sailing**

January 22<sup>nd</sup>, we held a Women's Sailing meeting to gauge interest in a program at FYC. Members from BRYC, FYC and PYC attended the meeting. There was overwhelming interest in organizing a program specifically geared for

**Women’s Sailing (con’t) .....**

Women’s sailing events. In addition, Milford Yacht club (“MYC”) would like to participate in our women’s program. MYC has offered to sponsor some events at their club. MYC Club boats are J-22’s we are working with MYC to create a Women’s sailing event using their club boats. Some of the events noted at the meeting were:

- Sunday Afternoon Women’s day sailing. Members would offer to take ladies out for a few hour sail, how you participate would be up to you. All are welcome to join, whether you want to help run the boat, or just enjoy a day out on the water with good company.
- Sailing 101. Working with BRYC to organize a learn to sail program utilizing their Ideal 18’s Ginne Worcester has offered to be the sailing instructor. There will be a fee for the use of the boats and the course.
- Adult Safety at Sea courses.

**US Sailing Sanctioned International Offshore Safety at Sea hands-on Training ONLY**

3/14/2020 [Registration NYYC/CCA](#) Contact: [Mark Lenci](#) Ph: 617-515-8050

Address of event venue: Roger Williams University Sailing Center 1 Old Ferry Road Bristol, RI 02809

- CT Boating License. USCG Auxiliary offers many classes in multiple locations. Below is the link to their schedule. If we get enough interest, We may be able to hold a class at the club.
  - <https://www.greenmarineeducation.com/boating-class-dates--locations.html>
- Women’s Match Racing

Friday July 24<sup>th</sup>, Women’s Skipper event at BRYC, All FYC skippers and boats are invited to this fun event. It is a casual race event, for all boats, the only requirement is that the skipper must be a Lady. In addition, Old Saybrook is hosting a Woman@the Helm Regatta Sept 13.

As we get closer to the season, we will post more dates for the Women’s Sailing events.

**Sailing Seminars**

North U will be holding a Racing seminar at Sacred Heart Univ. March 14<sup>th</sup>. Below is the link

<https://northu.com/product/tactics-fairfield-ct/>

**Calendar of Events: The 2020 schedule:**

Feb 2 – April 26 <sup>th</sup>	Frost Biting Ideal 18’s
May 13 <sup>th</sup> – Sep 9 <sup>th</sup>	Wednesday Night Series
July 18 <sup>th</sup>	FYC/BRYC Sail Park City Regatta
July 24 <sup>th</sup>	BRYC Women’s Skipper Event
July 25 <sup>th</sup>	RUM Runners Race – Essex CT (ECSA)
Sept 11 <sup>th</sup>	PYC Annual Falkner Island Overnight Race
Sept 13 <sup>th</sup>	FYC Ken Johnson Memorial Race
Sept 13 <sup>th</sup>	Women @ the Helm – Old Saybrook (ECSA)
Sept 19 <sup>th</sup>	Brent C. Donahue Cross Sound Race
Oct 24 <sup>th</sup>	BRYC/FYC Halloween Race
Nov 27 <sup>th</sup>	Wild Turkey Regatta

(All regattas will be listed on Yacht Racing Association of Long Island Sound YRALIS.org, ECSA.ORG as well as Yachtscoring.com.)

As we get closer to the start of the official season, I will send updates and links to the regatta’s as well as report on other events that FYC sailors may want to compete in.

If you have any questions, comments please feel free to email: Mike Mears ([mike.r.mears@gmail.com](mailto:mike.r.mears@gmail.com))

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## Fleet Captain's Corner:

Our tutorials continue.....

### Anchors and Anchoring: Part I – a focus on the terms

**Type of anchor:** Danforth and CQR are two favorites in our local world. Mantus and Rocna are two 'Newbies' and Fortress has been around for some time, as one of the light aluminum anchors to use. Spade, Manson and Ultra are also in the mix for our use.

**Weight of anchor:** A general standard is that it should be close to: "one pound for every foot of boat length." This can vary with the bottom where we frequently anchor, but it is a close and valid rule of thumb.

**Chain size and length:** Most boaters use a combination of six feet of three-eighths chain shackled to a suitable length of line. Length of line is critical in keeping the anchor down and securely in place...catenary curve is the key word here.

**Rode size and length:** This is boat-size dependent...minimal here is that the longer the chain, the better but at least one hundred feet, no matter what the size boat, especially where we fish and cruise.

**Type of rode:** Three-lay nylon is best because it springs when loads are put upon it. Some will say here, that the new modern synthetics have much to value, and that is without question. This can be a bit subjective, however.

**Windlass type.** Not all boats have a windlass. As it is cost prohibitive, they are usually an add-on. Again, just as in anchor types, there are several windlass types, and each will do a fine job when matched to your particular size boat and needs. We find it a wonderful asset as the younger and not-quite-so-strong folks that raise our anchor will attest. In a situation where you are alone on the boat, it can be a helpmate beyond measure.

**Bow roller.** This piece of gear goes hand-in-hand with the windlass but can be a stand-alone piece of gear that will add to the enjoyment of leaving an anchorage. It must be matched to the windlass it is true, but used singly without a windlass, reduces the strain on the person lifting by a factor of 40-50%.

**Anchor trip line or float.** This small and unobtrusive thing can save your day. Should another boat enter your sphere of anchor space, it can warn them away. If another boat crosses too closely and cuts your anchor line, you will not have lost your anchor or if your anchor catches on an underwater cable or other obstruction, you can still recover your anchor, rode and chain.

Next month we will go over the actual detail in the anchoring process...stay tuned.

Bob Butler, Fleet Captain [Saxtaps@charter.net](mailto:Saxtaps@charter.net)



The Media/Communications Committee is looking for individuals with experience in website development and/or understanding of back end work. Help with email blasts as well as advise on new platforms for the future. Please contact Emily Hyde at [emchabot@gmail.com](mailto:emchabot@gmail.com) if you are able to assist!

## Fishing Corner:



### March '20 - Fishing Report

Well the Ground Hog says we are going to have an early fishing season so pretty soon the FYC Fishing Fleet will be back on the water chasing our scaly friends. But before that the Fishing Committee is going to kick-off our 2020 event schedule.

I FRY, you FRY, EVERYONE COME TO THE FISH FRY @ FRIDAY 3/6/20!!! This will be our first event of the year and hope see members and their guests come down for a fish and chips and as a bonus there will be music in the bar, and reduced price for kids!

Remember to save the date and bring Mom down to our Mother's Day Brunch 5/10/20!

The Annual Fishing Contest will be available to enter but the pins may be delayed, there will be a sign-up sheet at the bar with more details. This year some of the rules will be adjusted to accommodate new CT DEEP fishing regulations especially around Striped Bass and possibly other species that we target. Updates and amended rules as needed will be posted to the Fishing Board.

We are looking for more volunteers to help us out at our events and other activities. A sign-up sheet will be posted on the Fishing Board so please sign-up if interested. You will receive email or other notification to attend committee meetings and be part of the crew at our events.

All fisherman are liars, expect you and me. And I'm not so sure about you!

Keith Jamaitis ~ FYC Fishing Committee [fycfishing@fycct.org](mailto:fycfishing@fycct.org)



FYC FISHING COMMITTEE  
FISH FRY  
Friday 3/6/20 @ 6p

\$15 Adults  
\$10 Kids (13 and under)



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## FROM THE SWIM ACROSS THE SOUND:

Join us on March 15<sup>th</sup> for Sunday SWIM Social!

**When:** Sunday, March 15<sup>th</sup> 3:30pm – 5:30pm

**Where:** Brewport, 225 South Frontage Road, Bridgeport, CT

**Why:** So many reasons but here are a few:

- Free pint of Brewport's craft beer or famous Wellington's Root beer for any boat captain or swimmer who registers for 2020 SWIM Across the Sound on or before March 15<sup>th</sup> at <http://give.stvincents.org/marathon2020>.
- Recruit a new boat captain who registers at the Sunday SWIM Social and receive a gift card for a free large pizza!
- Pizza appetizer
- Raffles and give-away
- Socialize with swimmers and boat captains
- Listen to Jeff Browning (Brewport's owner and platinum sponsor of Yale's Closer to Free Ride) for tips on how to fund raise and how Brewport and other local craft breweries can help with fundraising events.
- Share videos and slideshows from prior SWIM Across the Sound events

The SWIM's mission as a charitable organization is to help individual cancer patients and their families on a case-by-case basis with specific needs, so that patients can concentrate on feeling better and family members can concentrate on caring for their loved ones. The donations made to the SWIM do not go towards research. Funds go to help families impacted by cancer in our communities where it can make the biggest impact. Thank you for being part of the SWIM family.

Warm regards, The SWIM Committee

Lighthouse Grill has a special Happy Hour menu from  
5pm to 9pm every Friday night!  
Come on down and enjoy a cocktail and some new items on our menu!



**LIGHTHOUSE GRILL**  
**BAR MENU**  
**from 5:00-9:00PM**

- Calamari.....\$9.95
- Wings (Hot/Mild/Parmesan Garlic).....\$9.95
- Shrimp Cocktail.....\$9.95
- Mozzarella Sticks.....\$4.95
- Mini Quesadillas.....\$6.95
- Sliders.....\$7.95
- Chicken Fingers (Original/Buffalo).....\$8.95
- LHG Nachos.....\$8.95



**Chef Vicki Robinson**  
**203-984-0311**  
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**Business Hours: Tuesday-Friday 11 am - 2 pm: Thursday – Friday 5:30 pm - 9 pm**  
**Saturday-Sunday 11 am – 3 pm**  
**Sunday Brunch 11 am - 2 pm**

Fayerweather Yacht Club  
SHIP STORE  
February Featured Items



**Women's Quilted Vest \$48**  
100% quilted micro-polyester; thermolite insulation for minimum weight and maximum warmth, windproof and water-resistant.



**Waffle Knit Zip Pullover \$30**  
Three-dimensional waffle-weave looks great as a light jacket or additional layer. Cranberry (shown) for women, navy for men.



**24 oz. Insulated Mug \$23**  
Double-wall thermal insulated tumblers. Limited quantities are available.

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