

# Foghorn



## FROM THE COMMODORE

Hello again,

First, I would like to offer congratulations to the incoming BOG and Flag Officers! 2023 is going to be a great year! Fayerweather is running in excellent shape with many projects completed and many more to come. I will keep all informed as these Club improvements progress!

Donna DeMattia  
Commodore

## FROM THE VICE COMMODORE

Ship Store: The Ship Store is stocked! Many members have approached me over the past few months with great recommendations. The Ship Store is currently stocked with sweatshirts, polo shirts, ¼ zips and FYC vests. We have ordered pink sweatshirts and an old favorite ¼ zip with a textured pattern. Over the next month we will be ordering polo shirts in white, t-shirts, and more baseball caps. The Ship Store holds a variety of sweatshirts, Payment for the ship store merchandise can be made at the bar.

Jeffrey's: For the winter season of the club, the restaurant hours will be:

Lunch: Tuesday – Saturday Brunch: Sunday

Dinner: Thu & Fri and, on occasion, Saturday nights.

The restaurant ran a Prime Rib Special a few weeks ago which was very popular and, unfortunately, after 40 prime ribs were served, the restaurant ran out. We will be having more Prime Rib Nights and, because of demand, will make sure there is extra prime rib available.

Over the next few weeks, we will be planning with the Rear Commodore a wine tasting and dinner. Look for announcements about the wine tasting over the next few months.

Mike Mears  
Vice Commodore

## FLAG OFFICERS

**Commodore**  
Donna DeMattia

**Vice Commodore**  
Mike Mears

**Rear Commodore**  
Pat Nivakoff

**Treasurer**  
Jonathan Levinson

**Recording Secretary**  
Megan Will

**Financial Secretary**  
Vacant

**Board of Governors**  
David J. Nemeth  
Phil Blagys  
Jim Hasak  
Tim Casey  
Mark Michael  
Gary Conrad  
Keith Jamaitis  
Mary Brooks  
Tony Ortiz

**Appointed Officers**  
Fleet Captain  
Bob Butler  
Fleet Chaplain  
Brian Kelly Larry  
Fullerton  
Fleet Surgeon  
Dr. Cosmo Filiberto

**Club Manager**  
Dan Conroy

**Auxiliary President**  
Kristie Nemeth

**Foghorn Publisher**  
Gina Longo

## FROM THE REAR COMMODORE

I would like to take this opportunity to say how happy I am to be your Rear Commodore for 2023. I hope to have many fun, well-attended events this year. Our first will be Super Bowl Sunday on February 12th. This will be a free for our members which will include a chili -cookoff, pulled pork sliders, wings, taco bar and other items. We will also have a projector screen in the dining room and on the upper deck.

There is a calendar of events for the year below. You will see many of our regular parties/events, but I am also working with my committee on coming up with some new ideas that we think you will enjoy. Some of these ideas are Bingo, Trivia Night, Spaghetti and Sinatra, Corn Hole BBQ Tournaments, etc. I also want to have more live music this year. I welcome any thoughts or ideas that you may have and if you would like to help out, all volunteers are greatly appreciated.

I look forward to having a great fun-filled year ahead!

Pat Nivakoff, Rear Commodore

### FYC - 2023 EVENTS

**April 1st -- Texas Hold 'em Tournament**

**April 8th -- Children's Easter Party**

**April 22nd -- Race Night**

**May 6th -- Kentucky Derby Party**

**May 27th -- Opening Day**

**June 17th -- Hawaiian Luau and Pig Roast**

**July 22nd -- TBA**

**August 19th -- TBA**

**September 23rd -- TBA**

**October 21st -- Oktoberfest**

**November 18th -- Harvest Dance**

**December 16th -- Children's Christmas Party**

## AUXILIARY COMMITTEE

Hello Auxiliary Members,

I would like to introduce our Auxiliary Executive Board for 2023:

Kristie Nemeth (President), Beth Michael (Vice President), Lindsay Whitin (Treasurer), Debbi Rosati (Financial Secretary), Cindy Leighton (Recording Secretary) and our Board of Governors Elizabeth Tichenor, Chloe Dzurka, Irv Myones, Suzanne Flotei and Karen Clark. Thank you to Diane Billings and Kara Wagner for your service and dedication these past years.

We will have our installation of the new Board at our February 8th Membership Meeting.

We are starting to collect stuffed animals at the February and March meeting for the Children's Easter Party on Saturday April 8th. We appreciate your support in donating stuffed bunnies, chicks, lambs, etc. Please bring them in as soon as possible so that we can make sure we have enough.

On January 30th FYC Auxiliary hosted EEYC Auxiliary for a Bunco Game Night. We had a great turn out with about 25 people. Everyone had an awesome time, even with most of us playing for the first time. Stay tuned as we are planning to have more fun game nights with other clubs and happy hour get-togethers for our members.

Don't forget to join our Facebook page at FYC Auxiliary.

I will be meeting with the Commodore to determine how the Auxiliary can best help support the club. If you have any ideas, comments or questions please do not hesitate to reach out to me at [fycauxpres@fycct.org](mailto:fycauxpres@fycct.org).

UPCOMING MEETINGS: FEBRUARY 8TH & MARCH 8TH

Sincerely,  
Kristie Nemeth. Auxiliary President

## CAPTAIN'S CORNER

I have been requested to mention that the North Yard has two openings at the moment...some folks may not be aware of this valuable piece of our property...we can handle five of our members' boats there and the payment for this must be made prior to January 1st each year.

Any question relative this use should be directed to Jim Morley...he will be happy to fill you in on all detail.....North Yard storage for the winter is \$15.00 dollars per foot...can't beat that anywhere.

Bob Butler, Fleet Captain  
203-268-5775

## FROM THE SAILING COMMITTEE

Sailing and club regattas are a club standard. We will be running many events for the participation and enjoyment of members. On the website under sailing, there is a “Crew Looking for Boats”, and “Boats Looking for Crew” signup sheet. If you are interested in being crew or if your boat needs crew, please use the club website to sign up.

### Wednesday Night Series:

The Wednesday Night Series (WNS) will be starting May 17th and run for 18 weeks until September 13th. Last year we had nineteen boats in the series. The Club regatta is run in conjunction with BRYC. There are nightly Trophies given out as well as the end of the year trophies. The club series welcomes all boaters. If you are a new “Racer” and want to gain experience, the Club WNS is a wonderful way to fine tune your skills.

### FYC J22 Program:

For those looking to get on the water with the club boat, we will be holding another Learn to Sail Class in early spring. The demand for the boat is incredibly good so we will be looking for a second boat in the new year. If you are interested in becoming an instructor for the club, please email the sailing chair.

Mike Mears

Fair Winds  
Sailing Chair

### FYC Sailing Calendar

WNS	5/3/2023	Skippers Meeting
	Wednesday, May 17, 2023	
	Wednesday, September 13, 2023	
Awards	Wednesday, September 27, 2023	
SPC	Saturday, July 15, 2023	
Ken Johnson	Saturday, September 30, 2023	
Halloween Race	Saturday, October 28, 2023	
Wild Turkey	Friday, November 24, 2023	
Sunday Series	Sunday, June 11, 2023	
	Sunday, July 30, 2023	
Chowder Race	Friday Nights	
Sunset Sails	Thursday nights	
Raft Ups		
Memorial Day Series	05/27 & 05/28	PYC
Singel Handed & Dou		3-Jun NYC
PYC Pursuit race		24-Jun PYC
July 4th Holiday Serie	07/01 07/02	PYC
Yellow Rock Race Wo		8-Jul NYC
Norwalk Island Race		26-Aug NYC
PYC Labor Day Series	09/02 09/03	PYC
PYC Falkner Island Ra		8-Sep PYC
Brent C Donahue Rac		16-Sep BRYC
88th Vineyard Race		1-Sep SYC
Block Island Race	05/26 - 05/28	Storm Trysail
Stratford Shoals Race		24-Jun Riverside YC
Stamford Overnight F		18-Aug SYC

## ***FIRE!***

Presented by Captain Frank Mummert

Fayerweather Yacht Club hosted a live webinar presented by Maryland School of Sailing and Seamanship on the topic of "Fire!". The presentation was focused on the presumption that a fire has occurred on board. The components needed for fire were identified, heat, fuel and oxygen. Remove one of the components and the fire will not ignite. The removal of one of the components extinguishes the fire.

A fourth component is the addition of a chemical reaction. An example of a chemical reaction is the emergency flair. This is a reaction which produces the fire and may only be extinguished through a chemically applied foam or powder. The flair will burn even if thrown into the water.

Fires may not just occur on board. Do you have a plan to escape the fire which has developed on the dock? Plan ahead and rehearse that plan to evacuate. Your way back to land may not be a simple walk up the dock.

The fire classifications were discussed. Alpha - solid combustible organic fuels that leave ashes, Bravo - vapor-air mixture over a liquid or semi-solid fuel and Charlie - heat or spark from a live electrical source, with either solid or liquid fuel.

Take note of the firefighting agents. Simply the dry powder extinguishers which you have on board and ready to use by pulling the pin. Water extinguishers, either by container or bucket can cool the fire. Gaseous systems which may be found in the engine compartment as an automatic release. Consider a CO2 extinguisher which overcomes the oxygen level and allows the fire to be extinguished.

A piece of firefighting equipment which should be considered is having a fire blanket on board. This may be used in several instances such as throwing it over a galley fire to smother the flame by removing the oxygen component.

The webinar referenced a relatively new piece of firefighting equipment, Elide Fire Ball (EFB). Chuck Thompson was on hand to present the EFB to the attendees. This device would be mounted in a location above where a fire might break out. The device is flame activated and releases a powder to extinguish the fire. Type A, B and C fires can be extinguished with this device.

Thanks to the Maryland School of Sailing and Seamanship for allowing Fayerweather to present to the group and host an informative webinar. Maryland School has several videos on the internet covering many boating topics.

Other resources identified in the webinar are:

- Seaworthy - Essential Lessons From BOATUS's 20-year Case File Of Things Gone Wrong
- BOATUS Foundation Youtube Channel
- Crash Test Boat Youtube Channel
- USCG -

<https://www.boatingsafetymag.com/boatingsafety/putting-out-boat-fire>

- Soundings -

<https://www.soundingsonline.com/boat-shop/fire-on-board-heres-what-to-do>

*SWIM: Making a Difference*  
By Debbie Selski

Bill and I participated in the SWIM Across the Sound again this year with our sailboat “Journey”. The SWIM took place on August 6<sup>th</sup>. We have been volunteering since 2011 as both a Perimeter Boat and an Escort Boat. Each time we act as an Escort Boat we never know what the weather will throw at us or who we will be guiding across the Sound. Bill is a great boat captain and navigator. I take on the role of sitting on the bow and communicating with the swimmer, so that they remain on course for the race.

This year we were honored to have Jessica Kennedy, a solo female swimmer. Jessica left the beach outside Port Jefferson at 8:15 a.m. It was a typical hot August day. Thankfully the seas were calm as we began the race. It was perfect for Jessica to glide through the water.

When we arrived at Black Rock Harbor the seas became very challenging. There were times when Jessica would yell out that she wasn’t sure how much further she could go. We kept telling her she was doing great and reassured her that she could finish this race. She never gave up. It took her 9 hours and 11 minutes to cross the finish line. She was beaming when she climbed back onto our boat to be brought into Captain’s Cove for the ceremony. What an achievement for her. She took first place in the women’s female solo division.

The following week I received a text from Jessica saying that she was still embarrassed that she had reached a breaking point where she began to feel hopeless, and she wasn’t sure if she could finish the race. She said during the last 2 hours she thought of people like Bill and me who gave their time and energy to bring hope into this world for others. And that is what kept her going.

Every year I come away saying I am not sure that I can do this again. It is a long day and it takes a lot out of you. But then when it is time to volunteer, I forget about the duration of the day and remember the most wonderful rewarding feeling that overwhelms you when you see your swimmer finish.

We were so happy that we could encourage and guide Jessica safely to the finish line. Of course, when Bill and I were discussing the SWIM again, I said “I don’t know if I can do this again, as it takes so much energy to stay out there for such a long period of time.” And then I think of the swimmers like Jessica. She said that we made a difference in her life and she would remember us forever. So yes, I will definitely be there again next year to help raise funds for those who are going through cancer. It is the very least that I can do, and I am honored to be a part of this very special event. Now we just need the weather to cooperate.

