

# Sailing Certification Checklist

Applicant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor's Name: \_\_\_\_\_

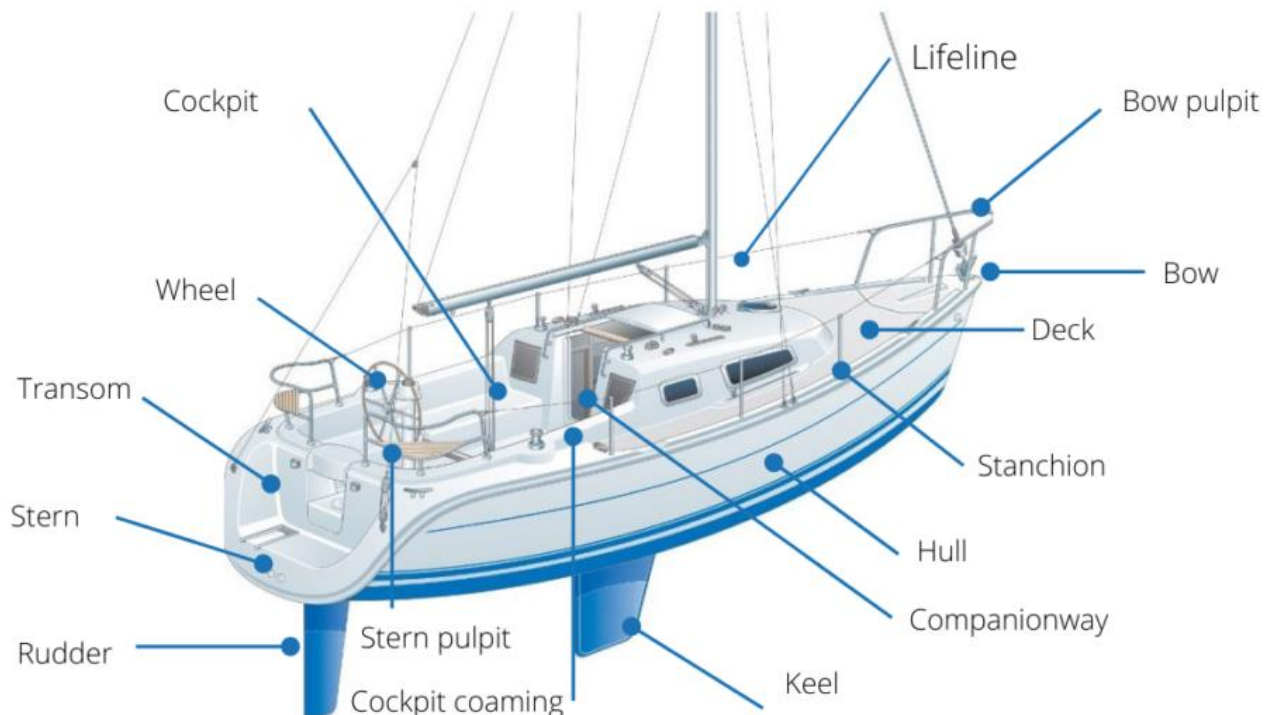
The test for sailors to be certified will be on the water:

- 1) Preparation and rigging the boat
  - Connecting the Torqeedo Battery and control handle
  - Lowering the engine unit into the water
  - Preparation of the rigging
  - Raising the MainSail
  - Proper stowage of personal items
- 2) Leaving the mooring safely and returning safely
  - Navigating the Channel
- 3) Starting, Stopping and speed control
- 4) Steering
  - Going forward
  - Going backward
- 5) Sailing - Is able to provide clear instructions to crew and perform maneuvers with confidence
  - Identifying the wind direction
  - Tacking
  - Jibing
  - Reaching
  - Sailing Upwind and downwind
  - Sail Trim
  - Getting out of irons
- 6) Overboard rescue procedures
- 7) Awareness outside the boat of other boats and obstacles
- 8) Navigation to and from the harbor
- 9) Securing the boat and unrigging
  - Furling the Jib
  - Lowering Mainsail and securing it
  - Entering the harbor and preparing to dock (bumpers)

- Docking - approach, speed and direction.
- Securing the boat to the dock
- Stowing the gear, sheets, halyard, sail cover, and tiller
- Use the radio to call for pickup
- 10). Engine
  - Disconnecting the Torqeedo Battery and control handle
  - Raising the engine unit out of the water
- 11) Tying Knots
  - Bowline
  - Square or Reef Knot
  - Figure Eight knot
  - Clove hitch
  - Cleat Hitch
- 12) Has Personal Watercraft Certificate (take a photo and send to [Sailing@fycct.org](mailto:Sailing@fycct.org))
- 13) Has signed the Waiver to be able to rent the J22 boat

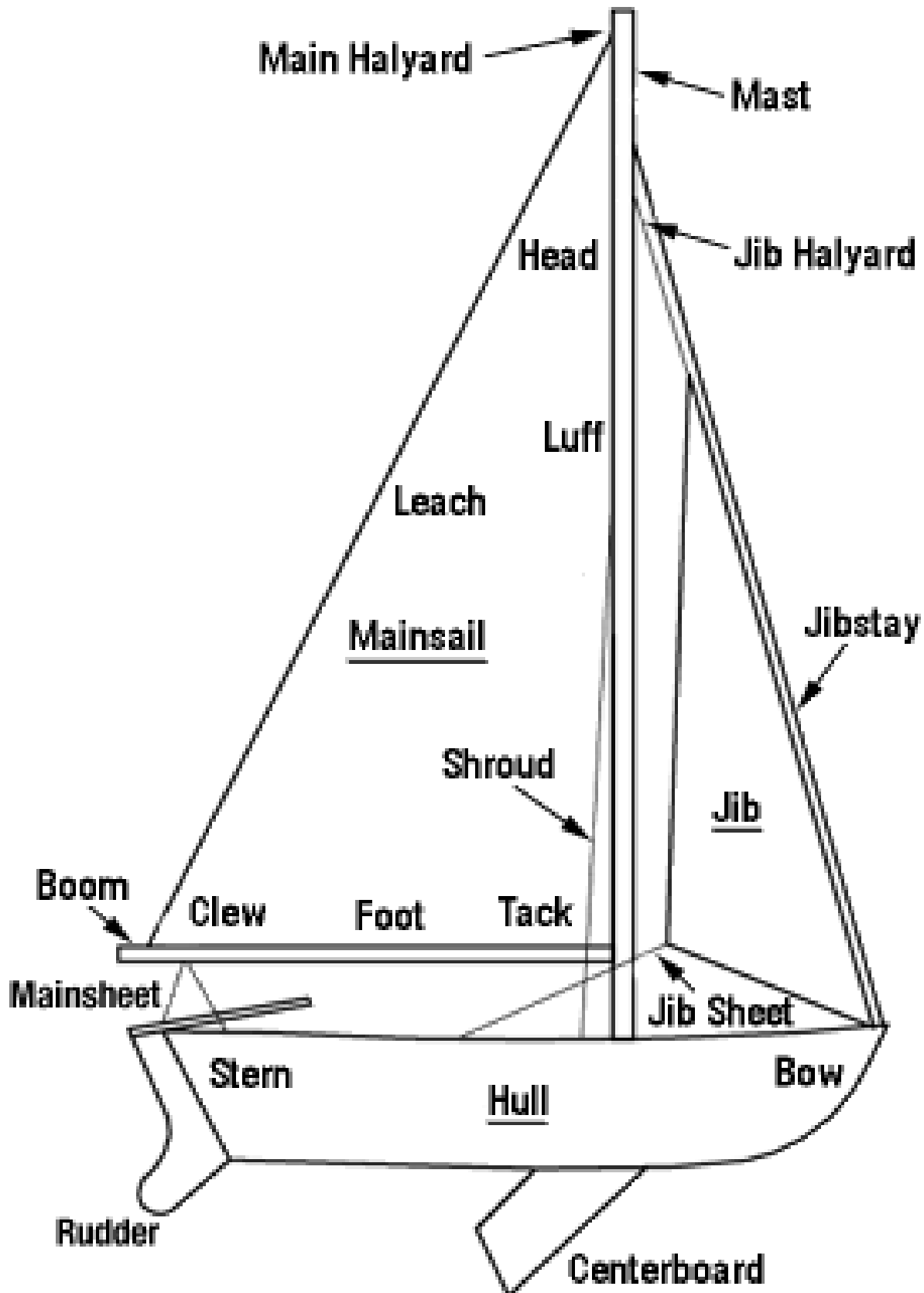
## Sailing Boat Terminology

Students should know and be able to identify all the following parts of a boat



# Rigging Terminology

Students should know and be able to identify all the following parts of a boat



# Sailing Direction Terminology

Students should know these terms and be able to manage the boat when steering it in all these directions

