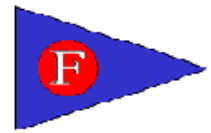




BLACK ROCK HARBOR SPRING FROSTBITE SERIES



SAILING INSTRUCTIONS

January 27, 2019 – April 28, 2019

Organized by Black Rock Y.C. and Fayerweather Y.C.
Black Rock, Connecticut

1 Rules

The races will be governed by the *rules* as defined in *The Racing Rules of Sailing 2017-2020* (“RRS”).

2 Check-in and Retirement

2.1 A boat **intending to start** a race shall approach the race committee signal boat and hail her helmsman's name and crew's name and sail number before the warning signal of each race.

2.2 A boat **retiring** from a race must inform the race committee as soon as possible.

3 Notices to Competitors

3.1 Notices to competitors will be posted on the official notice boards located in the main hall of Fayerweather YC.

3.2 Any change to the sailing instructions will be posted before 1200 on the day it will take effect.

4 Signals Made Ashore

4.1 There will be no signals made ashore. All signals will be made by the Race Committee boat.

4.2 When flag AP is displayed by the Race Committee boat, removing it means either an abandonment signal will follow immediately or the first race signal will be made 60 minutes after removal. This changes Race Signal AP.

5 Schedule

5.1 The first warning signal is scheduled for 1300 hours every Sunday from January 27, 2019 through April 14, 2019. In the event no race is held, the Saturday following the Sunday will be used for race make-ups.

6 Divisions

6.1 Division 1 – Ideal 18

6.2 There is a three boat minimum to start a Division.

7 Courses and Signals

7.1 The Course Diagrams attached show the courses, including the order in which marks are to be passed. The Race Committee will announce the course by hail.

The **number of times** around the course will be communicated orally.

7.2 **Turning Marks** are passed in the order displayed and on the same side as the starting marker (the “pin”). An exception is Course H.

7.3 Aids to navigation not used as turning marks may be disregarded with the following exceptions:

No yacht shall pass:

Between 100ft west of LC and Penfield Light,
Between Penfield Light and Lantern point,
Between Flasher 2A and Fayerweather Light
(abandoned).

8 The Start

8.1 The Starting Line will be communicated by the race committee before the start of the day's races.

8.2 Races **will** be started using *U.S. SAILING* prescription., APPENDIX S,

SOUND-SIGNAL STARTING SYSTEM

S1

Course and postponement signals may be made orally.

S2

Audible signals shall govern, even when supplemental visual signals are also used.

S3

The starting sequence shall consist of the following sound signals made at the indicated times:

<i>Signal</i>	<i>Sound</i>	<i>Time before start</i>
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long ,3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
	1 short	5 seconds
	1 short	4 seconds
	1 short	3 seconds
	1 short	2 seconds
	1 short	1 second
Starting	1 long	

S4

Signals shall be timed from their commencement.

8.3 A series of short sound signals or hails may be made before the starting sequence begins in order to attract attention. Neither failure to make this signal nor failure of a boat to hear it will be grounds for redress.

8.4 A boat starting later than four minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A.3.

8.5 **Individual Recalls** will be signaled by one sound. An “over early” boat will be hailed to restart by her name or sail number and an attempt will be made to notify her. Code flag "X" will ***not*** be displayed. Failure of a boat to hear their hail will not be grounds for redress.

8.6 **General Recalls** will be signaled with two sounds. A new warning signal for the recalled division will be made thereafter.

9 The Finish

The **Finish Line** will be communicated by the race committee before the start of the day’s races.

10 Starting Area

The starting area shall be in the vicinity of Black Rock Harbor in a suitable area that is clear of the channel, obstructions, and commercial traffic.

11 Penalty System

A boat breaking a rule described in RRS Part 2 ("When Boats Meet") may take a penalty by promptly making **one turn** including one tack and one gybe. This modifies the “two turns rule” (formerly the 720 rule).

12 Scoring

12.1 The Low-Point Scoring System in RRS Appendix A will apply as modified below. At least one race must be completed to constitute the Series.

12.2 Two crew will sail as one "boat team". "Boat teams" will be scored for the Series. A schedule will be provided instructing boat teams on which four Sundays they will sail. A boat team may also be required to perform Race Committee duty. A boat team may also use a substitute sailor to sail for the boat team only when one of the regular crew is not available. In the event a substitute cannot be found, any sailor who is participating in the series may sail for the team if they are not competing on that race day. BRYC will maintain the list of approved substitute sailors.

12.3 Boat teams must sail four (4) Sundays to qualify for the Series. Each boat team will average their finishes per Sunday. There are no throw out races. Therefore, the number of races sailed each Sunday is irrelevant to the overall Series scoring.

For example, if the Race Committee holds four (4) races on the first Sunday, and a boat team has four third place finishes, their boat team’s average is 3.0 and shall be their “Sunday Score #1.” Averages will be taken to one decimal place (.0). Each of the four Sundays sailed will result in a separate “Sunday Score x.” At the end of the season the boat team’s four “Sunday Scores” will be then be averaged to form a “Series Average.” An abandoned race day will be attempted to be made up on the following Saturday or other day as

agreed to by teams. In the event that the makeup date is also abandoned, that date still will count towards meeting the four Sunday minimum but will not affect the "Series Average." Series ties will be broken according to Rule A8 of the RRS, except that 'race score' shall be defined as a Sunday average score.

12.4 The five boat teams with the lowest "Series average" of their four "Sunday scores" will qualify to sail in the Championship Series. The Championship Series will be sailed as a separately scored series on the last Sunday, April 28th, 2019. There are no throw out races in the Championship Series.

13 Protests

13.1 In addition to the requirements of rule 61, the protestor must also inform the race committee, as soon as possible after finishing or retiring, of the intent to protest, and the protest must be delivered on a US Sailing protest form within 30 minutes after the race committee signal boat docks. The docking time will be posted on the notice board. Protest not fully in compliance with rule 61 and the sailing instructions will not be accepted.

13.2 The Principal Race Officer for that day shall select a three member Protest Committee as soon as possible. This modifies rule 91.0. One member shall be appointed Protest Committee Chairman. Individuals who are US Sailing Certified Race Officers and/or US Sailing Certified Judges shall be given preference in selection. The Protest Committee Chairman will schedule the date to hear the protest.

14 Liability

14.1 Competitors participate in the racing at their own risk. See RRS Rule 4, Decision to Race. The

organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the racing.

Competitors are also reminded that life jackets must be worn at all times. Additionally, use of a dry-suit or other suitable winter frostbiting clothing is required.

14.2 Competitors are liable for any damage to the boats, up to the insurance deductible, other than damage due to normal wear and tear.

15 Time Limit

15.1 A race will terminate 15 minutes after the 1st boat has crossed the finish line. Boats failing to finish within 15 minutes after the 1st boat sails the course and finishes will be scored Time Limit Expired ("TLE") without a hearing.

16 Trophies

16.1 The first, second, and third place winners of the Championship Series will be awarded overall "Black Rock Harbor Spring Frostbite Series" trophies.

17 Class rules

The current Ideal 18 class rules shall apply.

18 Other

Possession or use of alcohol while operating boats in connection with this series is prohibited and grounds for DSQ.

19 Contact

Send entries to:

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Fairfield, CT 06825

Course Diagrams

